



St. Luke Catholic Church
Confirmation Program

Service Hours Log 2022-2023

As part of our program for Confirmation, we want to encourage and build hearts of service founded in strong faith. The Letter of James tells us that *faith without works is dead* (James 2:17) and it is also true that works without faith is empty. By encouraging teens to spend time in personal and family prayer, time with our parish community, along with time of service, we hope to promote holistic and well-rounded hearts of service.

This sheet is for keeping track of the completion of hours. Each event/activity needs to be signed by a parent/guardian, volunteer supervisor, or Confirmation coordinator. Guidelines for the hours are below.

Service hour log and the reflection are due by the end of April 2023.

Name: _____

Class Day and Year : *Circle* Sunday or Wednesday // Year 1 or Year 2

Parent/Guardian Name(s): _____

Requirements:

Confirmation Year 2: Complete a minimum of *ten (10) service hours*, and the *personal reflection*.

Confirmation Year 1: Complete a minimum of *five (5) service hours*, and the *personal reflection*.

What are church and community service hours?

Service hours are any “free” service you do as an individual or as a group (as part of an event or activity) to help out the community in which we live or our parish of St Luke. They are hours spent sharing your love of Jesus Christ with others who may or may not be as fortunate as you are. It is your opportunity to show that you believe in Jesus and what He taught us by your actions and deeds. We do this because Jesus told us to in Matthew 25:40 – *And the king will say to them in reply, “Amen I say to you, whatever you did for one of these least brothers of mine, you did for me.”* These service hours are an answer to the Gospel challenge to love our neighbor as Jesus loves us. Jesus gave us many examples of loving service and, as His disciples, we want to follow His servant-leader example.

What else should I know?

Make sure your service is completed with a Christian attitude, serving with the loving and selfless hands and feet of Christ. The giving of service should continue after your Confirmation and all through your life! Parents and family members are encouraged to participate as well wherever possible. When completing the form, time should be written to the nearest quarter of an hour and a signature obtained. Consider making reflective notes after each service activity so you can compile for a larger reflection when it’s completed.

Service Hours Log:

_____	_____
Event/Activity	Date
_____	_____
Coordinator Signature	Number of Hours

_____	_____
Event/Activity	Date
_____	_____
Coordinator Signature	Number of Hours

_____	_____
Event/Activity	Date
_____	_____
Coordinator Signature	Number of Hours

_____	_____
Event/Activity	Date
_____	_____
Coordinator Signature	Number of Hours

_____	_____
Event/Activity	Date
_____	_____
Coordinator Signature	Number of Hours

Total Hours: _____

Service Hours Log:

_____	_____
Event/Activity	Date
_____	_____
Coordinator Signature	Number of Hours

_____	_____
Event/Activity	Date
_____	_____
Coordinator Signature	Number of Hours

_____	_____
Event/Activity	Date
_____	_____
Coordinator Signature	Number of Hours

_____	_____
Event/Activity	Date
_____	_____
Coordinator Signature	Number of Hours

_____	_____
Event/Activity	Date
_____	_____
Coordinator Signature	Number of Hours

Total Hours: _____

Personal Reflection:

On the lines below, write a short summary (5—10 complete sentences) about one of the service activities you participated in that answers the following questions:

- What was the event/activity you participated in? When & where was it? Who was there?
- How did this time bring you closer to your St. Luke community or the community you served?
- Where/How did you experience God during this event/activity?

I, the parent/guardian of _____, have reviewed this document
Teen's Name
 and can verify that my child participated in all of the logged events & activities.

 Parent/Guardian Signature

 Date