

RCIT (Rite of Christian Initiation for Teens) Worksheet

Preparing for the Sacrament of Holy Communion

VIDEO: <https://tinyurl.com/CommunionPrep>

DEFINITIONS

What is the Eucharist? The body, blood _____ and _____ of Jesus.

Eucharist comes from the Greek word "*Eucharistia*" that means to give _____.

Grace is _____ within us

BIBLICAL FOUNDATIONS + APOLOGETICS

Which Gospels talk about the Last Supper? _____.

Which chapter of John's Gospel do we find the "Bread of Life Discourse" in? _____

What are four reasons that we know Jesus meant "this is My Body" literally and that the Eucharist is not a symbol:

1. The Last Supper was a serious occasion. It was Jesus's last _____ & _____.
2. He knew we would worship the Eucharist and He wouldn't want us guilty of _____.
3. Jesus wouldn't have left His disciples in _____.
4. This was an odd choice of words for a _____.

REAL PRESENCE + TRANSUBSTANTIATION

What are the three ways God is present:

1. _____ (everywhere, all the time)
2. _____ (when 2 or more are gathering in His name, in prayer, etc.)
3. _____ (physically present in the Eucharist)

What is the word that describes how Jesus becomes physically present in the Eucharist? _____

Define:

1. Substance:
2. Accidents:

In the Bible, what are two events where Jesus's followers did not recognize Him?

1. On the road to _____
2. When _____ saw Him at the tomb

PRACTICAL NOTES + EUCHARISTIC MIRACLES

What is the Eucharistic Fast? _____

Bowing is a sign of reverence and genuflecting is a sign of _____.

Before receiving the Eucharist, we want to come clean in the sacrament of _____.

Go to: http://www.therealpresence.org/eucharst/mir/engl_mir.htm or a similar site and research one Eucharistic Miracle. Write about it in the space below. When did it happen, where did it take place, who was involved, and what actually took place? (Fun fact: The website was made by a modern saint – Blessed Carlo Acutis!)

The site is also available in Spanish at: http://www.therealpresence.org/eucharst/mir/span_mir.htm